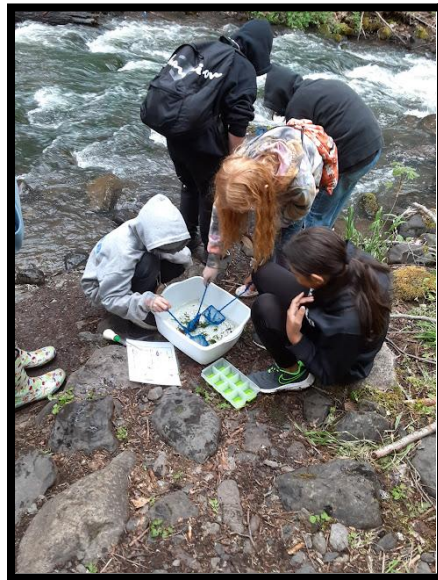




## Family Information Guide

Your student's overnight Outdoor School takes place at \_\_\_\_\_ on \_\_\_\_\_.



Dear Parents and Guardians,

Welcome! You and your student(s) are about to embark on a learning adventure with Rogue Outdoor School. Outdoor School (ODS) is an Oregon tradition that has been around for more than 60 years and started right here in Southern Oregon. ODS is a residential science field trip that takes place at camps all over the state. Through the funding provided by Measure 99, all 5th and 6th graders in Oregon are able to participate in ODS for free! Positive outcomes of Outdoor School include:

- A powerful compliment to 5th/6th grade science curriculum
- Hands-on, project-based science experiences
- An opportunity to build community and develop bonds between students, teachers, and the class as a whole through a shared experience
- An opportunity to experience field-based science in new ways

At Rogue Outdoor School, we believe the benefits of Outdoor School shouldn't be limited to a single field trip. We want students to be hands-on, asking questions, and engaging in collaborative problem solving using scientific principles as their guide in and out of the classroom. In addition to providing an overnight experience at camp this spring, our staff will be visiting your student's classroom twice before their field trip. During these visits, students will practice the science skills they'll use at ODS, prepare for their trip, and have an opportunity to reflect on the learning and growing they've done.

There are additional parent resources on our website. If you have any questions, please contact your classroom teacher, check out our website at [www.rogue-ee.com](http://www.rogue-ee.com), and explore the statewide Outdoor School information provided by OSU at [outdoorschool.oregonstate.edu](http://outdoorschool.oregonstate.edu). For specific questions regarding your students' educational, physical or dietary needs while at Outdoor School feel free to contact me and we will work with you, your student and your school to make the experience a success.

We cannot wait to start this adventure with you!

Sincerely,

Stacey Perry

Rogue Outdoor School Coordinator

[stacey@rogue-ee.com](mailto:stacey@rogue-ee.com)



**Rogue Outdoor School Permission, Health, and Medical Form**

*This is a confidential form for teacher and Site Lead use only, to be archived and destroyed.*

All students and adults participating in Rogue ODS programs must fill out this form completely. Return this form to your teacher/group leader as early as possible. PLEASE PRINT CLEARLY IN BLUE OR BLACK INK. Note: teachers and chaperones are responsible for all medical issues at Rogue Outdoor School. A health officer (usually the teacher) is responsible for all medical and insurance information for each student and adult, and for collecting all medication and ensuring that each student receives medications as prescribed.

**Participant Information**

Participant Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age: \_\_\_\_ Gender: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Alternate Phone: \_\_\_\_\_

Participant’s Street Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Home Email: \_\_\_\_\_

*A parent/guardian will be contacted first whenever possible.*

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Health Care Provider Information**

Doctor’s Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Insurance Provider: \_\_\_\_\_ Policy Number: \_\_\_\_\_

Is the participant currently receiving mental health services? \_\_\_\_ If yes, may we contact them in a mental health emergency? \_\_\_\_ Provider Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Health History**

Please check all that apply:

<input type="checkbox"/>	Allergies (***)please note below	<input type="checkbox"/>	Mobility issues
<input type="checkbox"/>	Asthma or breathing condition	<input type="checkbox"/>	Physical injuries (recent)
<input type="checkbox"/>	Bowel or bladder condition	<input type="checkbox"/>	Seizure condition
<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	Skin condition
<input type="checkbox"/>	Emotional/behavioral or learning concerns	<input type="checkbox"/>	Sleep walking
<input type="checkbox"/>	Hay Fever	<input type="checkbox"/>	Vision condition
<input type="checkbox"/>	Hearing condition	<input type="checkbox"/>	Other chronic or recent illness or surgical procedure:
<input type="checkbox"/>	Heart condition		

Please provide more specific information about identified health concerns including treatment needed while at Outdoor School:

Are there any activity restrictions (i.e. strenuous hiking, tug-of-war, etc.)?

Special dietary needs (examples: food allergies, vegetarian, vegan, gluten free, Halal, Kosher, etc.):

Other pertinent health information or physical, emotional, behavioral, or learning concerns:

**Permissions**

In case of medical or surgical emergency, I hereby give permission to the Outdoor School Coordinator to arrange transport for my child, as named above, to the hospital for evaluation by a healthcare provider.

Legal Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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My child has my permission to participate in all sessions and field trip activities. I am this child's parent or legal guardian, who is under the age of 18 years and who wants to participate in Rogue Outdoor School's programs. In consideration of my child's or ward's participations in the programs, I hereby release, waive, and discharge Rogue Outdoor School, and all of its instructors, employees, officers, directors, agents, and volunteers from any and all liability to me, to my child or ward, and to all my legal representatives, assigns, heirs, and next of kin for damage and injury to my child or ward or to any person or property arising out of participation in the program, whether on Rogue Outdoor School's premises or elsewhere. This agreement includes but is not limited to claims or demands on account of injury or damage caused or allegedly caused by the negligence of Rogue Outdoor School or any of the individuals listed above.

Participant's Name: \_\_\_\_\_ Date: \_\_\_\_\_

Adult Participant or Parent/Guardian Signature: \_\_\_\_\_

## Rogue Outdoor School Photo Release Waiver



At ODS we encourage teachers and staff to take photos of the activities as students are asked to leave electronics at home. We love to share pictures with classrooms, on our website and occasionally for flyers and promotions. We honor your privacy and ask for your permission to take photos and/or videos of you and/or your student(s) while at ODS. If you wish for your student(s) or yourself to not be photographed please indicate that below.

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I hereby authorize Rogue Environmental Ed to record my likeness and/or voice in a video or photo medium and use my name in connection with such recordings. I authorize Rogue Environmental Ed to use, reproduce and exhibit recordings and photos for the purpose of promotion, education and other lawful purposes. I release and waive my rights to the ownership and compensation for such uses and understand that all recordings shall remain the property of Rogue Environmental Ed. I certify that I am 18 years of age or older or that my parent/guardian has signed below.

Please indicate:

- Yes, I accept photo release**
- No, I do not accept photo release**

Participant Name: \_\_\_\_\_ School Name: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature (if under 18): \_\_\_\_\_

## **Rogue Outdoor School Behavior Agreement**

At Outdoor School, we believe every student will be successful if they are able and that it is our responsibility to ensure students have what they need to be as successful as possible. We focus our behavior management on supporting students to participate constructively, rather than on punishing them for disruptive behavior. As such, families may be contacted for input and support if their student is struggling with their behavior during ODS.

### **Sending Students Home**

Our top priority is ensuring everyone has a safe and enjoyable time at ODS. If a student's behavior is threatening the safety or well-being of themselves or others, they may be sent home. Behaviors that can result in being sent home include:

- Violent acts or threats of violence
- Possession of alcohol, narcotics, marijuana, or tobacco products
- Theft or vandalism
- Possession of a weapon
- Offensive behavior or remarks, including the use of racial, religious, or sexual slurs or intimidation, or overt sexual behavior
- Leaving supervision

All transportation, costs, and logistics for a student's removal are the responsibility of the student's family.

### **Rules at Outdoor School**

Please read through the following rules with your student(s) so that everybody is familiar with the expected community behaviors.

- All school policies and rules apply while participating in Rogue ODS programs. If a rule is not stated, common sense, good judgement, courtesy, respect, and safety apply.
- All living creatures, including people, are to be treated with courtesy and respect. This means the use of obscenities, jokes or slurs relating to another's race, religion, gender, sexual orientation, or physical or mental abilities is not allowed. It also means that plants, creatures, and all of nature deserve your respect and should not be damaged, injured, or harassed.
- Handling or harassing potentially dangerous organisms (animals, plants, insects, etc.) is not allowed.
- Stay with your group, be a good listener, and wear your nametag at all times.
- Stay out of other cabins and be respectful of others' sleeping areas and belongings.
- Use the buddy system. Wherever you go, you should always have an adult and at least one student buddy at all times. Students should never be alone with an adult one-on-one.
- Treat your ODS materials with care and use them as directed, at the appropriate time.
- Unsafe activities must be avoided at all times (e.g. no climbing trees, running, sliding or jumping on rough, slick areas). Walk wherever you go.
- Violations of these policies, particularly those relating to an individual's physical or mental health, will result in staff intervention and may result in removal from the program.

Upon arrival, students will go through an orientation, which will review all ODS policies and procedures.

**I understand and agree to follow the rules and guidelines outlined above.**

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Packing List for Students

This is a **SUGGESTED** list for students for 3 days and 2 nights. Encourage students to not purchase new items just to satisfy this checklist. They can borrow items from other people, use old but clean clothes, buy used boots, etc. ODS has a supply of essential gear (sleeping bags, boots, rain jackets, etc.) to lend out if students are unable to bring their own or they forget something. Encourage students to mark their items with their name so they are easier to return if they get lost.

### Clothing

- Pajamas
- Hiking boots or tennis shoes (and waterproof rain boots if possible)
- Appropriate number of shirts, socks, and underwear for length of trip
- 2 Pairs of jeans/sturdy pants that cover the ankle
- Warm jacket (waterproof if possible)
- 1-2 Sweaters or sweatshirts
- Hat

### Personal Items

- Wash cloth and/or hand towel
- Face soap
- Toothbrush and toothpaste
- Deodorant
- Sunscreen, lip balm

### Bedding

- Sleeping bag
- Pillow

### General Supplies

- Reusable Water Bottle
- Flashlight or headlamp
- Plastic bag for dirty or wet clothes
- Small bag of soil from a meaningful place

### Do NOT Bring

- Expensive items like jewelry
- Clothing with inappropriate language or references to religion, sex, tobacco, drugs, or alcohol
- Food or candy
- Phones or gaming consoles
- Weapons (including pocket knives)

If students bring items that are not allowed at ODS, these items will be stored in a secure location that students are not allowed to access. The items will be returned to students or their teachers before they return home.

### A typical day at ODS might look like this:

7:15 am	Wake up
7:50	Breakfast
8:40	Get Ready for Field Study and Community Chores
9:00	Field Study
12:00 pm	Lunch
12:45	Cabin Time and Community Chores
1:30	Field Study
4:30	Recess
5:00	Cabin Time
5:50	Dinner
6:45	Class Meeting
8:00	Campfire
9:15	Go to bed/lights out